

International Center Check-In Presentation

Part I: Introduction to the International Center, University of Michigan, and the Ann Arbor Community

Part II: Health Insurance Overview and Health Care

Part III: Immigration Regulations Overview

Part IV: Student Check-In

Documents You Will Need

Please have the following documents ready:

- Responsibility Checklist (sign and dated)
- Original Immigration Documents
 - Passport
 - I-20/DS-2019
- Copies of your Immigration Documents
 - I-20/DS-2019 (page 1 only)
 - F-1/J-1 Visa
 - Passport Biographical Page
 - I-94 Form (print out from website)

International Center Resources



International Center Office:
1500 Student Activities Building
515 East Jefferson Street

The International Center serves over 8,500 international students and scholars from over 100 countries.

Our office is open Monday to Friday from 8:00 am to 5:00 pm.

Need Assistance?

Email: icenter@umich.edu

Phone: 734-764-9310

Walk in advising available for quick questions during the week Monday thru Friday 1:00 pm to 4:00 pm.

Want to make an appointment to speak with an advisor? Call our office to schedule.

International Center Website



<https://internationalcenter.umich.edu/>

Our website has a number of resources for international students:

- Frequently Asked Questions
- Immigration and travel advisories
- Information on CPT/OPT work authorizations
- Access to tax preparation software
- ID and drivers license information
- Forms for I-20/DS-2019 extensions, adding dependents, reduced course load, and travel signatures
- And much more

Stay Connected



[Facebook](#)

M-Card



- Your main form of ID while on campus.
- Use to enter certain buildings and rooms on campus.
- Use to sign in during advising hours at the International Center.
- Use to ride the Ann Arbor city bus system for free ([TheRide](#)).
- Provides access to a number of [discounts](#).

M-Card Office Locations:

Central Campus:

Student Activities Building, Room
1011

North Campus:

Pierpont Commons, Room 2202

Getting Around Campus

U-M Blue Buses (free to use)

- See [Magic Bus](#) for route details



Ann Arbor City Buses “TheRide”

- Serves Ann Arbor and Ypsilanti areas
- Free with your M-Card



After Hours Transit Service

- Will pick you up from specific locations on campus and take you to your car or place of residence (within 1 mile). See [website](#) for information.
- **Emergency Ride Home**
 - Free taxi rides for students with personal emergency, can be used 6 times per year. Call DPS (734) 763-1131.
- **Blue Bike Rental Program**
 - Students can rent bikes per day, for the weekend and even an entire semester. See Rec Sports [website](#) for details.

Transportation Off Campus/Ann Arbor

- **Detroit Connector**
 - Bus service that will take students to Detroit and back from UM's campus ([schedule](#)).
- **AirRide-Michigan Flyer**
 - Low cost travel between Ann Arbor and Detroit Metro Airport ([schedule](#)).
- **Amtrak**
 - Ann Arbor to Chicago
 - Station located at 325 Depot Street
- **Greyhound and Megabus**
 - Convenient and affordable travel to Chicago, Toledo, etc.
- **Zip Car and Maven**
 - Car sharing services with vehicle locations around campus and Ann Arbor
 - Driver's license required
 - <https://www.zipcar.com/universities/university-of-michigan>
 - <https://www.maven.com/us/city/ann-arbor-mi.html#/station-locations>

Banking While At The University of Michigan



- The International Center recommends that you to set-up an account with a local bank
- A Social Security Number (SSN) may not be required for normal banking services like opening a checking or savings account.
- Many banks offer convenient Automatic Teller Machines (ATM) locations around town and near campus. Be aware you may be charged additional fees if using another bank's ATM.
- For more information on banking while at Michigan please see our [website](#).

Government Identification

- Secretary of State Office (SOS) has 2 locations in Ann Arbor
- Drivers License:
 - Passport
 - I-94
 - I-20/DS-2019
 - Proof of your Michigan address (utility bill, bank statements, rental agreements, college transcripts, etc...)
 - Evidence of Social Security Number
 - No SSN? You need a letter of ineligibility from the Social Security Office. See our [website](#) for more information
 - Wait 1-2 weeks before going to the SOS Office to get license or State ID.
 - You may need to pass the written test and road test (not required for State ID)



Safety Tips While at the University of Michigan



- Dial 911 for medical or safety emergency.
- You can also use the Blue Light Phones around campus for medical or safety emergency
- General safety tips from the [University of Michigan DPSS](#).
- Do not leave your personal items unattended while on campus.
- Register your laptops, personal electronics, and bicycles with [DPSS](#).
- Add an emergency contact in Wolverine Access.
- Sign up for emergency alerts in Wolverine Access.

English Language Institute



English Language Institute:

Weiser Hall, Suite 900

500 Church St

- ELI offers credit/non-credit courses for graduate students and scholars.
- Speaking and Writing Clinics
 - Offered during the Fall, Winter, and Spring/Summer Terms
- Conversation Circles
- Workshops
- See the ELI [website](#) for a full list of the resources that they offer to international students.

International Center Events and Resources



[International Center Events](#)

International Center Summer Orientation topics:

- Banking Information
 - Finding a Job on Campus
 - Insurance Plan Information
 - Benefits for Graduate Students
 - Applying for an ITIN
 - Driving in the US
 - And more!
- Friday Forum
 - Coffee Hours
 - Student Lunch Conversations

University of Michigan Student Organizations:

- [Maize Pages](#)
- Over 1100 student organizations on campus

Part II: Health Insurance Overview and Health Care

Who is Required to Have Insurance?

- All F-1 and J-1 students sponsored by the University of Michigan.
- All F-2 and J-2 dependents of the U-M sponsored students (F-2/J-2 dependents are automatically enrolled).
- Students must be insured through the entire period in F-1 or J-1 status.
- **INCLUDE TIME NOT ENROLLED IN CLASSES.**

Why Insurance?

- University of Michigan and federal government requirement.
- Health care in the United States is very expensive.
- Insurance is for what MIGHT happen, NOT your current situation.

Health Insurance Coverage

- Your insurance will continue until your I-20/DS-2019 end date.
- If the end date is changed, your insurance end date will also change.
- Your insurance end date will extend if you request post-completion Optional Practical Training (OPT) for F-1 students or Academic Training (AT) for J-1 students.

Health Insurance Information

- This presentation has the information you will need to use your UM International Health Insurance.
- Your insurance company will be Blue Care Network (BCN).
- You will receive an email with your BCN “enrollee ID” from donotreply@relationinsurance.com
- Follow the instructions on the BCN website to set up your BCN account and get your “virtual” insurance ID card.
- You will receive a new BCN insurance card in the mail.
 - Reminder: Update your current address in Wolverine Access > Campus Personal Information
- Please visit internationalcenter.umich.edu for an overview of your BCN insurance plan.

Insurance Information

   

Blue Care Network of Michigan
Self-Referral Option

INSURANCE IDENTIFICATION CERTIFICATE

UNIVERSITY OF MICHIGAN
International Student and Scholar Health Plan
ISSUER: (80040) 9101000021
GRP: 00287637
RX BIN#: 610014

SCHOOL NAME: **University of Michigan**
INSURED NAME: _____
EFFECTIVE DATE: From _____ To _____

Note! Blue Care Network Coverage begins September 1, 2019. If your Program Start Date is before September 1, 2019, your Insurance will automatically switch from Aetna to Blue Care Network.

DEPENDENTS:

Insured Last Name	Insured First Name
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

FOR CLAIM INQUIRIES, BENEFIT INFORMATION OR FOR PRE-CERTIFICATION: 1-800-662-6667
EMERGENCY: Call 911 or go to the nearest emergency facility.
Blue Care Network

P.O. Box 68710
Grand Rapids, MI 49516-8710

DETAILED INFORMATION ABOUT BENEFITS AND PRE-CERTIFICATION REQUIREMENTS:
<https://www.bcbsm.com/umichglobal>

- Coverage begins on the PROGRAM START DATE on your I-20/DS-2019.
- Coverage is worldwide.
- Always carry your proof of insurance with you at all times.
- Temporary proof of insurance certificate included with your check-in materials.
- F-2/J-2 dependents are automatically listed on your plan. You must visit the Insurance Advisor in the International Center Health Office to remove dependents who are not yet in the U.S, or to add dependents who are not an F-2/J-2 dependent., within 30 days).

Are There Alternatives to the Insurance Plan?

- U-M employees & some U-M fellowship holders may be eligible for other insurance.
 - You will receive an email with instructions on how to enroll.
 - Your UM International Health Insurance will be automatically cancelled.
- If you have other health insurance that meets U-M standards you can apply for an insurance waiver. Remember: many policies do NOT meet the minimum requirements.
 - Waivers must be submitted within 30 days from today either in person at the International Center during insurance walk in hours, or by emailing the completed request form to ihi@umich.edu. Forms can be found on the International Center [website](#).
- No waiver form submitted or request denied? You will have to keep and pay for International Health Insurance

Getting Health Care - Hospitals



University Hospital:

1500 E Medical Center Dr

- For emergencies you should call 911 or go to the Emergency Room (ER).
- Michigan Medicine (U-M hospital) has closest ER to campus.
- Insurance helps pay for ambulance and ER
- Urgent but not an emergency – urgent care clinic
- The ER is only for emergencies.
- Emergency room co-pay is \$75.

Getting Health Care - University Health Services



University Health Service:
207 Fletcher St

- University Health Services (UHS) is located on central campus, near the Michigan League and the Central Campus Transit Center.
- Use for non-emergencies and regular doctors' appointments, eye exams, prescriptions, and health advice.
- Most UHS services are free for enrolled students , see <https://uhs.umich.edu/feestudents> for more information.
- Call UHS (734)764-8320 anytime for advice
 - Put this number in your phone.
- UHS can refer you to specialists/hospitals if necessary

Getting Health Care - Urgent Care



Urgent Care:

Multiple locations available

- Use for urgent, non-emergencies.
- Open evenings and weekends.
- No appointment required.
- Urgent care co-pay is \$20.
- Use your insurance website to find the closest in-network urgent care.

How the International Insurance Plan Works

Annual Deductible

- What you must pay each policy year (September 1-August 31) before your insurance will start to cover costs..
- The current annual deductible is \$100.

The annual deductible does not apply to some services. For example:

- Immunizations
- Emergency Room
- Routine Physical Exam
- Prescription Drugs
- Annual Eye Exam

How the International Insurance Plan Works

Co-Pay

- What you pay during the visit, then the insurance will cover most of the remainder.
- Office visits and hospital admissions have co-pays.
 - Office visit: \$20
 - Walk in Clinic or Urgent Care Clinic: \$20
 - Emergency Room visit: \$75 (waived if admitted)
 - Hospital Expenses: \$150 co-pay per hospital admission
- For most other “in-network” medical services the insurance will pay 90%.
- You will be assigned a Primary Care Physician (PCP) at University Health Service (UHS). Your PCP can help coordinate your healthcare.

Learn more about your PCP:

[International Center](#) » Resources » Health Insurance » Using The U-M International Student/Scholar Health Insurance (IHI) » Doctor Visits and Hospital Stays

How the International Insurance Plan Works

In-Network vs. Out of Network

- Use the BCN [website](#) to find doctors that are in-network.
- Out of network doctors will be more expensive (insurance will cover less than 90%).
- Michigan Medicine (U-M hospital) and University Health Services (UHS) are considered in-network.

How the International Insurance Plan Works

- Get treatment for illness or accident.
- Show them your BLUE CARE NETWORK insurance card or certificate.
- Pay co-pay if requested.
- The doctor/hospital will bill Blue Care Network.
- Blue Care Network may ask for additional information.
- Blue Care Network will pay their amount of the bill.
- Blue Care Network will send you an Explanation of Benefits (EOB).
- If you owe money, you will receive a bill from the doctor/hospital.

Health Insurance Coverage Highlights

- In-patient (hospital stay)
- Outpatient (visit doctor and return home the same day)
- Pregnancy and childbirth
- Mental health and drug or alcohol abuse
- Prescription drugs are covered at 90%
- Routine/preventive care (including immunizations)

Learn more:

[International Center](#) » Resources » Health Insurance » U-M International Student/Scholar Health Insurance (IHI) Plan Coverage and Rates

Medical Evacuation, Repatriation, and Travel Asst

- Call travel assistance company “GeoBlue” before any travel arrangements are made by your family.
- Please give this number to your family or friends.
 - 610-290-0345

Dental and Vision Coverage

Dental

- Routine exams and cleanings twice yearly.
- Emergency pain relief, fillings, and extraction of impacted wisdom teeth.
- Additional coverage available until you are 19 years old.
- Learn more by visiting International Center website.

Vision

- Two vision exams per year and one contact lens fitting per year (in network).
- \$20 co-pays for in-network or at UHS.
- Eyeglasses and contacts not included in coverage.
- Additional coverage available until you are 19 years old. (please see brochure or website for further information).

Current Health Insurance Monthly Cost

Insured	09/01/2019-08/31/2020
Primary	\$142.39
Primary + 1 Dependent	\$279.27
Primary + 2 or More Dependents	\$416.32

- Insurance charge added to your U-M Statement of Account each month
- Pay through Wolverine Access/Campus Finances or In person at Teller Services, 2nd Floor of Student Activities Building (Above the IC).
- **Monthly emails will tell you if there is activity on your student account – don't ignore them!**

International Center Insurance Advisor

- The Insurance Advisor's office is located inside the International Center.
- The Insurance Advisor can answer your insurance and health care related questions, remove dependents who are not in the US, or add dependents who are not F-2/J-2 to your insurance plan.
- The Insurance Advisor has walk-in hours available Monday-Friday from 1:00-4:00 pm, please check the International Center [website](#) for daily availability.
- Website: internationalcenter.umich.edu
- Email: ihi@umich.edu
- Phone: (734)647-2303



Part III: Immigration Regulations Overview

Document Review – I-94

U.S. Customs and Border Protection
Securing America's Borders

Most Recent I-94

Admission (I-94) Record Number : 123456789
Most Recent Date of Entry: 2017 July 25
Class of Admission **F1**
Admit Until Date **D/S**

Details provided on the I-94 Information form:

Last/Surname : [Redacted]
First (Given) Name : [Redacted]
Birth Date : [Redacted]
Passport Number : [Redacted]
Country of Issuance : China

- Electronic arrival record available at www.i94.cbp.dhs.gov.
- **Most** important immigration document you have
- Proves your F-1/J-1 status and Duration of Status (D/S)

If you entered the U.S. through an airport, you received:

- Stamp in passport with F-1/J-1 and D/S

If you entered the U.S. by land, you received:

- Small, white card also called I-94

Each time you travel, make sure the information is correct on your passport stamp and in e-record.

Document Review – I-20 (F Only)

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0004720633

SURNAME/PRIMARY NAME Sample	GIVEN NAME Student	Class of Admission F-1 ACADEMIC AND LANGUAGE
PREFERRED NAME Student Sample, II	PASSPORT NAME	
COUNTRY OF BIRTH LAOS	COUNTRY OF CITIZENSHIP LAOS	
DATE OF BIRTH 04 MAY 1995	ADMISSION NUMBER	
FORM ISSUE REASON CONTINUED ATTENDANCE	LEGACY NAME	

SCHOOL INFORMATION

SCHOOL NAME SEVP School for Advanced SEVIS Studies SEVP School for Advanced SEVIS Studies	SCHOOL ADDRESS 9002 Nancy Lane, Ft. Washington, MD 20744
SCHOOL OFFICIAL TO CONTACT UPON ARRIVAL Helene Robertson PDSO	SCHOOL CODE AND APPROVAL DATE BAL214F4444000 03 APRIL 2015

PROGRAM OF STUDY

EDUCATION LEVEL BACHELOR'S	MAJOR 1 History and Philosophy of Science and Technology 54.0104	MAJOR 2 None 00.0000
PROGRAM ENGLISH PROFICIENCY Required	ENGLISH PROFICIENCY NOTES Student is proficient	EARLIEST ADMISSION DATE 04 APRIL 2016
START OF CLASSES 01 JUNE 2016	PROGRAM START/END DATE 04 MAY 2016 – 30 MAY 2020	

FINANCIALS

ESTIMATED AVERAGE COSTS FOR: 9 MONTHS		STUDENT'S FUNDING FOR: 9 MONTHS	
Tuition and Fees	\$ 15,000	Personal Funds	\$ 19,000
Living Expenses	\$ 4,000	Funds From This School	\$
Expenses of Dependents (0)	\$ 0	Funds From Another Source	\$
Other	\$ 0	On-Campus Employment	\$
TOTAL	\$ 19,000	TOTAL	\$ 19,000

REMARKS

SCHOOL ATTESTATION

I certify under penalty of perjury that all information provided above was entered before I signed this form and is true and correct. I executed this form in the United States after review and evaluation in the United States by me or other officials of the school of the student's application, transcripts, or other records of courses taken and proof of financial responsibility, which were received at the school prior to the execution of this form. The school has determined that the above named student's qualifications meet all standards for admission to the school and the student will be required to pursue a full program of study as defined by 8 CFR 214.2(f)(6). I am a designated school official of the above named school and am authorized to issue this form.

SIGNATURE OF: Helene Robertson, PDSO **DATE ISSUED:** 04 May 2016 **PLACE ISSUED:** Ft. Washington, MD

STUDENT ATTESTATION

I have read and agreed to comply with the terms and conditions of my admission and those of any extension of stay. I certify that all information provided on this form refers specifically to me and is true and correct to the best of my knowledge. I certify that I seek to enter or remain in the United States temporarily, and solely for the purpose of pursuing a full program of study at the school named above. I also authorize the named school to release any information from my records needed by DHS pursuant to 8 CFR 214.3(g) to determine my nonimmigrant status. **Parent or guardian, and student, must sign if student is under 18.**

SIGNATURE OF: Student Sample **DATE:** _____

NAME OF PARENT OR GUARDIAN: _____ **SIGNATURE:** _____ **ADDRESS (city/state or province/country):** _____ **DATE:** _____

• Cannot expire ←

• Do not throw away

• Keep forever

Document Review – I-20 (F Only)

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0004720633 (F-1)

NAME: Student Sample

EMPLOYMENT AUTHORIZATIONS

TYPE	FULL/PART-TIME	STATUS	START DATE	END DATE
CPT	PART TIME	APPROVED	01 JULY 2016	15 JULY 2016

EMPLOYER INFORMATION

TYPE	AUTHORIZATION DATES			
CPT	01 JULY 2016 - 15 JULY 2016			
EMPLOYER NAME	START DATE	END DATE	CITY & STATE	
SEVP applied labs	01 JULY 2016	15 JULY 2016	Arlington, VA	

CHANGE OF STATUS/CAP-GAP EXTENSION

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AUTHORIZED REDUCED COURSE LOAD

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CURRENT SESSION DATES

CURRENT SESSION START DATE	CURRENT SESSION END DATE
01 JUNE 2016	30 JUNE 2016

TRAVEL ENDORSEMENT

This page, when properly endorsed, may be used for re-entry of the student to attend the same school after a temporary absence from the United States. Each endorsement is valid for one year.

SCHOOL OFFICIAL	TITLE	SIGNATURE	DATE ISSUED	PLACE ISSUED
		X		
		X		
		X		
		X		

Travel Signatures

- Valid for 1 year after “date issued”.
 - OPT and STEM travel signatures valid for only 6 months.
- Valid for unlimited entries for 1 year.
- Request a new travel signature from the International Center at least 1 week before your departure
- You will receive a travel signature today

Travel Information

International Travel

- Most recent **original** I-20/DS-2019 with valid travel signature.
- Valid Passport (6 months minimum for re-entry).
- Valid Visa (there may be an exception for Canada, Mexico, and adjacent islands).

Travel Signatures

- Valid for 1 year, unlimited entries.
- While on OPT/STEM OPT, only valid for 6 months.
- Request a travel signature from the IC at least 1 week before your planned travel.

Travel Within the U.S.

- Carry original valid photo ID.
- We recommend original documents.
- Copies or electronic copies may be sufficient.

Basics of Maintaining Status

What is my “status”?

- Must be registered in a full course of study every fall and winter term
 - 12 credits for Undergrad Students
 - 8 credits for Graduate Students
 - 6 credits for Grad Students with GSI/GSRA
 - No more than 3 credits online each semester
- Must report physical address within 10 days
- Current = U.S. physical address
- Permanent = home country address (cannot be U.S.)
- Important to read instructions from IC website, addresses must be formatted in a specific way: <https://internationalcenter.umich.edu/address-notification-requirement>
- No unauthorized employment!

Employment On-Campus

- May work 20 hours per week during the school year.
- May work more than 20 hours per week during official breaks and vacation periods
- On-Campus Employment Includes:
 - Assistantships (GSI/GSRA)
 - Student positions (i.e. library)
 - Business in campus building, serving campus community (i.e. restaurants in Union)

F-I Students

- No special on campus employment authorization required.

J-I Students

- On campus employment authorization required.

Employment Off-Campus

Must have prior authorization!

F-1

- Curricular Practical Training (CPT)
- Optional Practical Training (OPT)

J-1

- Academic Training (AT)

Additional Information About Off-Campus Employment:

- Workshops
- International Center Website
- Meet with an IC Advisor

Social Security Number (SSN)

F-1 students are eligible for SSN if they are employed.

- F-2 dependents cannot work, and are not eligible for SSN at any time.

J-1 students are eligible for SSN anytime, no employment necessary.

- J-2 dependents can apply for work authorization, through USCIS and are eligible for SSN once work authorization is granted.

Do not apply for the SSN until you have been in the U.S. for 10 days or 10 days after this check-in, whichever is later.

Student Responsibilities

- Inform the International Center if you:
 - Will not enroll full time at the University of Michigan.
 - Request a leave of absence
 - Withdraw from the University of Michigan
 - Transfer to another U.S. university
- Check your umich email regularly.
- Questions? We're here to help!
 - <https://internationalcenter.umich.edu/>
 - Email: icenter@umich.edu
 - Meet with an advisor during walk-in advising

Part IV: Document Check

Document Submission

Please have the following documents ready:

- Responsibility Checklist (sign and dated)
- Original Immigration Documents
 - Passport
 - I-20/DS-2019
- Copies of your Immigration Documents
 - I-20/DS-2019 (page 1 only)
 - F-1/J-1 Visa
 - Passport Biographical Page
 - I-94 Form (print out from website)