

# Grammar:

## Present Simple

🔗 Grammar worksheet

🔗 Age: adults / teens

🔗 A1-A2 Level

**1**

**When and how do we use Present Simple? Fill in the blanks in the rule:**

-s or -es

all the time

he

she

it

regularly

timetables

plays

true

schedules

The present simple is a verb tense used to talk about things that happen \_\_\_\_ (1) or \_\_\_\_ (2).

To form the present simple, you just need to add an -\_\_ or -\_\_ (3) to the end of the verb when the subject is \_\_\_\_ (4), \_\_\_\_ (5), or \_\_\_\_ (6). For example, "I play tennis" becomes "She \_\_\_\_ (7) tennis."

We also use the present simple to talk about facts that are always \_\_\_\_ (8), like "Water boils at 100 degrees Celsius."

Another way we use the present simple is to talk about \_\_\_\_ (9) or \_\_\_\_ (10). For example, "The train leaves at 7:00 every morning."

**2**

**Sort the following sentences into three categories mentioned in the rule:**

1. They usually watch a movie on Friday nights.
2. My cat always jumps on the table when I'm not looking.
3. We have a meeting with the boss tomorrow at 10 am.
4. The concert starts at 7 p.m. tonight.
5. I usually take a shower before going to bed.
6. The sun rises in the east and sets in the west.
7. The plane arrives at 10:00 pm tomorrow.
8. Cats hate water and love to sleep.
9. Water freezes at 0 degrees Celsius.



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3

## Put the verbs in the correct form in the text. Read the text.

Sara \_\_\_ (be) a digital nomad. She \_\_\_\_\_(travel) around the world and \_\_\_ (work) on her computer. She \_\_\_\_\_ (love) this lifestyle because she can work from anywhere and explore new places. Today, she \_\_\_ (be) in Bali. She usually \_\_\_\_\_ (wake up) early and \_\_\_ (go) for a run on the beach. The water \_\_\_ (be) always warm there and the plants \_\_\_ (be) always green. After her run, she \_\_\_ (go) to a café to work. She \_\_\_ (order) a coffee and \_\_\_ (open) her laptop. She \_\_\_ (have) a lot of work to do today, but she \_\_\_ (mind). She \_\_\_ (like) the freedom her job \_\_\_ (give) her. In the afternoon, she \_\_\_ (take) a break and \_\_\_ (go) for a swim in the ocean.

After work, she \_\_\_ (go) to a local restaurant and \_\_\_ (try) some traditional Balinese food. She \_\_\_ (enjoy) the flavors and the spices. Finally, she \_\_\_ (go) back to her accommodation, which \_\_\_ (be) a small villa with a view of the ocean.

4

## Correct mistakes in the questions to the text and then answer them:

1. Who Sara and what she does?
2. Why is Sara love the digital nomad lifestyle?
3. Where is Sara today, and what is she do in the morning?
4. What do Sara do after her run on the beach?
5. Does Sara has a lot of work to do today? How do she feels about it?



5

## Put the words in the right order to learn more about affirmations.

1. statements / Affirmations / positive / are
2. thoughts / to / our / negative / We / affirmations / say / change
3. powerful / We / affirmations / the / tense / to / make / present / more / use
4. productive / more / people / use / affirmations / Regular / makes / of



6

## Write a paragraph (8-10 sentences) about your perfect lifestyle. Use present simple to make it sound like an affirmation.

Example:

I am a writer. I live in a beautiful Swiss village. I wake up early every morning, have a cup of coffee and listen to the birds singing. Then, I sit at my desk and start writing. The words come easily. I write for a few hours and then take a break. During my break, I go for a walk or do some yoga to clear my mind and ...



## Correct answers

### Exercise 1

Made in "Create a text" + "Fill in the Gap"

1. regularly
2. all the time
3. s or -es
4. he
5. she
6. it
7. plays
8. true
9. schedules
10. timetables

### Exercise 2

The sentences are taken from the text generated in "Create a text"

Actions that happen regularly or all the time: 1,2,5  
Schedules and timetables: 3,4,7  
General truth/facts: 6, 8, 9

### Exercise 3

"Create a text" + "Fill in the Gap"

is, travels, loves, is, wakes up, goes, is, are, goes, orders, opens, has, doesn't's mind, likes, gives, takes, goes, goes, tries, enjoys, goes, is

### Exercise 4

Made in "Open questions"

1. Who is Sara is and what does she do?
2. Why does Sara love the digital nomad lifestyle?
3. Where is Sara today, and what does she do in the morning?
4. What does Sara do after her run on the beach?
5. Does Sara have a lot of work to do today? How does she feel about it?

### Exercise 5

Made in "Unscramble the words"

1. Affirmations are positive statements.
2. We say affirmations to change our negative thoughts.
3. We use the present tense to make affirmations more powerful.
4. Regular use of affirmations makes people more productive.

### Exercise 6

The example is made in "Create a text"